

Chronic Opioid Therapy (COT) Chart Review – SAMPLE

Element	Yes	No	N/A	Comment
Assessing				
Underlying condition defined				
Past medical history				
Social and family history				
Pain level				
Functional status				
Risk for opioid abuse				
Type of pain (acute or chronic) assessed				
Screening				
Substance use disorder (SUD)				
Pregnancy				
Mental health conditions				
Urine drug testing				
Prescription drug monitoring program (PDMP)				
Prescribing				
Opioid alternatives				
Prescribing				

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Updated: January 2020

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Element	Yes	No	N/A	Comment
Adjunctive therapies				
Medical need				
Prescribing decision				
Treatment plan/measurable treatment goals				
Endpoint/exit strategy				
Reassessment intervals				
Signed informed consent form				
Signed pain medicine agreement				
Patient education				
Patient understanding (teach-back)				
Benzodiazepines avoided				
Opioid daily dosage calculated using morphine milligram equivalents (MME)				
Monitoring				
Opioid benefits assessed				
Opioid harms assessed				
Progress to goals				
Pain level				
Monitoring				
Functional status				

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Element	Yes	No	N/A	Comment
Medical decision-making				
Medication reconciliation				
Pill counts				
PMDP data review				
Urine drug testing				

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